



BRING THE POWER OF WENDY CAPLAND AND BOLD LEADERSHIP TO YOUR ORGANIZATION!

Wendy Capland is an inspirational and motivational leadership speaker, author and leadership expert. Using her unique life changing process, Wendy helps people create breakthrough results in their professional and personal lives. Her energetic style will inspire your audience to become their best selves, and her methodologies will help them accomplish their most challenging goals.

INSPIRING. MOTIVATIONAL. EDUCATIONAL. CHANGE AGENT.

Wendy Capland has helped organizations and individuals re-invent themselves during times of change and uncertainty. Internationally recognized in the field of leadership development, Wendy delivers her innovative presentations on transformational leadership, career expansion and development, and the advancement of women's leadership to audiences large and small.

YOUR AUDIENCE WILL:

- Be inspired and motivated to achieve greater success
- Learn specific steps to increase personal and professional results
- Feel empowered, able to meet challenges, and more adaptable to change
- Have a new perspective on how to achieve personal happiness for their careers and their entire lives
- Learn how to become their best selves and increase their bold factor



Wendy Capland is known as one of America's top women leaders on the topic of leadership development and is the Chief Executive Officer of Vision Quest Consulting. As CEO of her own company, she has 25 years of experience working with hundreds of organizations and thousands of individuals developing their most important asset, their people.



Audiences leave Wendy's presentations and programs with a new vision that empowers them to make a bigger difference and a deeper impact with the action steps they need to get themselves started.

WENDY SPEAKS ON A RANGE OF TOPICS, INCLUDING:

>> YOUR NEXT BOLD MOVE – PLAYING A BIGGER GAME

In today's quickly changing marketplace, companies and their leaders must constantly evolve and adapt. Simply pushing and driving forward in the same ways and on the current path isn't always enough to create bolder results. Organizations must expand their visions of what is possible and individuals must develop leadership strategies to take themselves and their organizations to the next level. Prescriptive, refreshing, and even revolutionary, Wendy Capland inspires audiences to find their authentic power and create new ways to persevere through their greatest personal and professional challenges using the messages and proven strategies for bolder actions in her leadership book, *Your Next Bold Move for Women: 9 Proven Steps to Everything You Ever Wanted* (2012). Attendees experience a step-by-step process to develop their next bold move and learn specific strategies necessary to play a bigger game and stretch beyond what they thought was possible. The creative approach learned in the program will produce a transferable structure that attendees can apply to create higher performance and extraordinary results over and over again!



>> ENHANCING THE LEADER WITHIN

Masterful leadership requires constant re-evaluation of one's individual platform and willingness to explore and build one's personal leadership brand. Wendy helps participants enhance their impact as leaders by re-examining their individual strengths, power, and presence in the context of their roles at work. This self leadership development session helps participants see themselves in new authentic ways and question their own firmly held perceptions as they develop a new strategy and brand for themselves and their leadership. Attendees will enable their deepest thinking about themselves and their leadership and leave with new insights that will enable them to grow, navigate more effectively, and position themselves more strategically. At the end of this unique and highly experiential program, participants return to work with a new personal leadership brand and practical steps to implement immediately that will align their desires with their future results and outcomes.





>> CREATING A BOLD FUTURE

Women all over the world are experiencing an urge to be bolder and create a deeper more impactful future for themselves, their businesses and their entire lives. Today, almost half of U.S. women are now primary breadwinners in their households. In spite of this monumental shift in responsibility and power, women often feel stuck, lack full confidence, and uncertain what to do to be as powerful and influential as they believe they have the potential to become. Drawing on her over 20 years of experience working with top corporate executives worldwide, and managing her own successful business as a female executive, Wendy provides insight into the key challenges facing women leaders today and the solutions they use to increase their satisfaction and success. She inspires attendees to get out of their own way and open up new personal and professional opportunities to expand themselves personally and professionally. Women leaders need internal resilience and external skills and solutions to create optimal results for themselves, their teams and their key stakeholders. Wendy introduces new approaches for retaining and nurturing female talent, enhancing women's leadership, and making diversity and inclusion initiatives more effective. Attendees will leave with a renewed and reinvigorated sense of self and practices to dramatically increase their impact.



>> BALANCED AND STRESS FREE

Most of us are so busy being busy that most of the time we feel stretched thin and stressed out in our work and throughout our lives. None of us feel as if we have extra time to add anything more to our plates, in spite of our best intentions to make time for ourselves or to tackle a well-intentioned project or two. If asked, most of us would reply to the question about how we are doing with our usual mantra, "I'm so busy!" It's not just what we say, it's actually a reflection of how we feel. Overwhelmed. Overworked. Stressed out. This constant level of stress is not good for our personal health or our professional creativity and innovation necessary to do our best work. Wendy Capland takes audiences on a humorous look at their lives and provides immediately usable strategies to gain control, reduce the stress, and put priorities in the right place. This program is the perfect anecdote to helping participants feel less overwhelmed by all their obligations, to increase daily levels of calm and control more often throughout the day, and to replace personal adrenaline with new and fun personal habits that will change and transform their lives. Stop tolerating an out of control schedule and a constant stressed out feeling. The practices learned in this session will improve the balance and reduce the stress in your work and in your life, once and for all, so you can cultivate and inspire some of your best ideas for yourself and your organization.

